## **INSTRUCTORS BACKGROUNDS**

**SCOTT GROVER**

Trainer of OHL, PWHL, NCAA, Team Canada and NHL players

* 39 years coaching experience
* Level 3 certified coach
* Power skating instructor to the OHL Barrie Colts for four years
* Holds valid St. Johns Ambulance First Aid Certificate,
* Valid Police Check and completed the Respect in Sport course

**Scott Grover can be reached at:**

**(705) 984 – 5321 or by email at**

[**scottgrover.sos@gmail.com**](mailto:scottgrover.sos@gmail.com)

**Scott Grover**



**900 Clarke Road**

**Brentwood Bay, BC**

**HOCKEY SKILLS**

**V8M 1C3**

**What is “the *Science of Skating”***

For the past 40 years ***The Science of******Skating***has built a reputation for producing top level hockey players.

The science of skating is more than an aerobic program designed to make the skater sweat…***The Science of Skating*** is designed to develop fundamental skating skills through which a hockey player will achieve greater success.

Explosive acceleration, proper use of edges, improved lateral movement, increased balance, and precise stopping, are just the beginning of the skills that are taught in *The Science of Skating.*  I will help the player take his or her game to the next level!

**SUMMER PROGRAM**

**The Program**

**COST**: $185.00

**This program is for the age group of U 13/15. This program will focus on skating and is a preparation for tryouts.**

**TERM**: 5 days (5 hours)

***Start Date is August 14th***

**Location:**

**Kerry Park Arena**

**Time and Days:**

**Mon. Tues. Thurs. and Fri.**

**5:00 – 6:00 PM**

**Wed. is 7:30 – 8:30 PM**

**Check out my instructional videos on You tube courtesy of “How to Hockey”**

**APPLICATION FORM**

NAME\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

ADDRESS\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

CITY\_\_\_\_\_\_\_\_\_\_\_\_\_\_PC\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

AGE\_\_\_\_\_\_\_\_\_BIRTHDATE\_\_\_\_\_\_\_\_\_\_\_\_\_

PARENT/

GUARDIAN\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PH( )\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

WORK PH( )\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

BC SERVICES #\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

MEDICAL CONCERNS\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

WAIVER: THE APPLICANT AGREES THAT THE SCIENCE OF SKATING AND/OR ITS PROPRIETORS AND COACHES WILL NOT BE HELD RESPONSIBLE FOR ANY ACCIDENT OR LOSS, HOWEVER CAUSED, AND ALSO AGREES TO RELEASE THE AFORMENTIONED FROM ALL CLAIMS AND/OR DAMAGES WHICH ARISE FROM ANY SUCH ACCIDENT OR LOSS.

PARENT/GUARDIAN \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

DATE \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_